

Whole school wellbeing questionnaire results

Throughout the Autumn term pupils from year 2 to 6 have completed our whole school questionnaire. We have 274 responses in total. At Sunnyside, we are committed to supporting the emotional health and wellbeing of our pupils. We know that everyone experiences life challenges that can make us vulnerable and at times, anyone may need additional emotional support. We take the view that positive mental health is everybody's business and that we all have a role to play.

This year have been a challenging year. Pupils have had a substantial amount of uncertainty and time away from school. They have moved classes and had to make new friends and build relationships with a new teacher. The structure of our day has been different, and the world is a little uncertain too. We are very proud of how united our community has been and how well our pupils have responded.

I know who to ask for help at school

[More Details](#)

[Insights](#)

● yes	163
● no	29
● sometimes	79



I have people at home who can help me

[More Details](#)

[Insights](#)

● yes	157
● no	9
● sometimes	103



I will keep trying, even if I get it wrong.

[More Details](#)

[Insights](#)

● yes	219
● no	51



. I am a good listener

[More Details](#)

[Insights](#)

● yes	198
● no	72



. I have a best friend

[More Details](#)

[Insights](#)

● yes	240
● no	30



. I have friends

[More Details](#)

[Insights](#)

● yes	240
● no	12
● I have one friend	19



. I know how to look after my body

[More Details](#)

[Insights](#)

● yes	235
● no	31



I know how to have a healthy mind

[More Details](#)

[Insights](#)

● yes	204
● no	61



. I try really hard with things I want to get better at.

[More Details](#)

● yes	218
● no	48



. I like my class teacher

[More Details](#)

● yes	245
● no	22



. I can help people feel better when they are sad or angry.

[More Details](#)

[Insights](#)

● yes	211
● no	59



Areas that we will be working

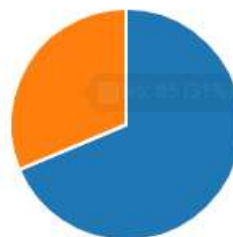
We will be working on improve the areas outlined below, through our PSHE sessions, roll out of the Zones of Regulation programme, small group wellbeing session, quality teaching, Lego therapy and more.

I can make friends easily.

[More Details](#)

[Insights](#)

● Yes	186
● No	85

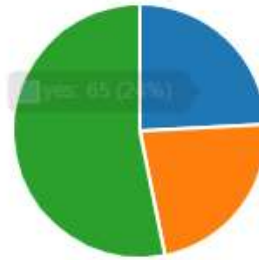


I can control my different feelings.

[More Details](#)

[Insights](#)

yes	65
no	61
sometimes	143



When I am sad or angry, I know how to manage those feelings and can make sensible choices.

[More Details](#)

yes	107
no	47
sometimes	117



I do things to make myself happy.

[More Details](#)

[Insights](#)

yes	179
no	40
I don't know how to	52



I feel I can do the work my teacher gives me.

[More Details](#)

[Insights](#)

Yes	197
No	64
Other	7

